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Basic Kayaking: All The Skills And Gear You Need To Get Started (How To Basics)





Synopsis

2005 National Outdoor Book Award WinnerA fully illustrated introduction to river kayaking with a full-color gear guide plus chapters on river safety and reading the waterStep-by-step instruction on essential techniques, including all major strokes and rollsThis newest title in Stackpole's Basics series takes on the wildly popular sport of river kayaking. Packed with information and featuring hundreds of full-color photographs and illustrations, it provides clear, easy-to-follow instructions on selecting gear, getting your boat on the river, and mastering fundamental moves. Also covered are the ferries, peel-outs, and turns required to maneuver a kayak in moving water. For would-be day-trippers, river-runners, creekboaters, and even those aspiring to the world of extreme rodeo playboating, Basic Kayaking is where the journey begins.

Book Information

Series: How To Basics Paperback: 96 pages Publisher: Stackpole Books; Spi edition (June 9, 2005) Language: English ISBN-10: 081173210X ISBN-13: 978-0811732109 Product Dimensions: 8.5 x 0.2 x 11 inches Shipping Weight: 1 pounds (View shipping rates and policies) Average Customer Review: 4.1 out of 5 stars Â See all reviews (11 customer reviews) Best Sellers Rank: #1,315,565 in Books (See Top 100 in Books) #68 in Books > Sports & Outdoors > Other Team Sports > Lacrosse #404 in Books > Sports & Outdoors > Outdoor Recreation > Kayaking #433 in Books > Sports & Outdoors > Outdoor Recreation > Canoeing

Customer Reviews

This book was given to me as a gift by a well-meaning family member who knew I was getting into the sleeker side of paddling after being passed by too many kayaks while paddling a canoe. The title would lead any sane person to believe that this book is indeed a good beginners book for general kayaking. It is not. It is, in fact, a highly specialized book for white water kayaking. It's also fairly terse, the bulk of it being made up of photographs. For someone like me who is more interested in flat water, slow rivers, protected marine waterways, and coastal swamps this book is nearly useless. Keep looking. The title and subtitle of this book are incredibly deceiving and are a disservice to readers who might not know better until they get a few pages into the book and realize what they got stuck with.

I agree that this book seems to be mistitled. If it had been more appropriately titled "Basic Whitewater Kayaking" I would have kept looking elsewhere, others interested in whitewater (river-running, playboats, etc.) might have been drawn more to it, and life would be better.While some basics are universal for the sport, this well-illustrated book is solely aimed at the whitewater enthusiast, and only accidentally takes along the quiet water paddler for the ride.

I picked up my first copy of this book having just paddled with Wayner. I am an advanced paddler but wish I had had this book starting out. It is nice to see all the words we use defined. For those of us who learn by reading this book will be a great first step and for others a welcome refresher. I found the sections on particularly useful. I plan on ordering two more copies for friends who say they want to get into this amazing sport.

This book exceeded my expectations. It provides step by step instructions for the beginner. Numerous photos and drawings illustrate everything from equipment, to strokes/paddling to recognizing obstacles and flow of water down the river. Instructions are easy to understand. The book was enjoyable to read.

I've read a number of books providing basic kayaking instruction, but this is by far the best in my opinion. The information is presented in a manner which is very systematic and detail oriented (without getting bogged down) with clear, complete and easy to follow instructions and explanations. The pictures are also very helpful. This book does not cover the topic in as much detail as some, but I think that is a blessing for beginners. Being weighed down at first with too much information and too many explanations of the finer points of the sport can be confusing, overwhelming and discouraging. A beginner can read this book and come away with a solid understanding of the basics as well as a clear mind and a confident attitude.

This book covers all the basics to help a new kayaker be safe and enjoy the sport AND it is an excellent reference for kayaking skills. The photos and illustrations are very helpful. Especially good are the chapter on the differences in various types of kayaks (which will help you decide which is best for you) and the chapter on how to "read" a river.

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